



# END OF UNIT OUTCOMES IN PSHE & RSE – YEAR A & B

	TERM	YEAR 3	YEAR 4	YEAR 5	YEAR 6
YEAR A/B	Summer 1	<p>Topic Name: Relationships</p> <ul style="list-style-type: none"> <li>I can explain how my life is influenced positively by people I know and also by people from other countries.</li> <li>I can explain why my choices might affect my family, friendships and people around the world who I don't know</li> </ul>	<p>Topic Name: Relationships</p> <ul style="list-style-type: none"> <li>I can recognise how people are feeling when they miss a special person or animal.</li> <li>I can give ways that might help me manage my feelings when missing a special person or animal.</li> </ul>	<p>Topic Name: Relationships</p> <ul style="list-style-type: none"> <li>I can compare different types of friendships and the feelings associated with them. I can also explain how to stay safe when using technology to communicate with my friends, including how to stand up for myself, negotiate and to resist peer pressure.</li> <li>I can apply strategies to manage my feelings and the pressures I may face to use technology in ways that may be risky or cause harm to myself or others.</li> </ul>	<p>Topic Name: Relationships</p> <ul style="list-style-type: none"> <li>I can identify when people may be experiencing feelings associated with loss and also recognise when people are trying to gain power or control.</li> <li>I can explain the feelings I might experience if I lose somebody special and when I need to stand up for myself and my friends in real or online situations. I can offer strategies to help me manage these feelings and situations.</li> </ul>
	Summer 2	<p>Topic Name: Changing Me</p> <ul style="list-style-type: none"> <li>I can explain how boys' and girls' bodies change on the inside/outside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up.</li> <li>I recognise how I feel about these changes happening to me and can suggest some ideas to cope with these feelings.</li> </ul>	<p>Topic Name: Changing Me</p> <ul style="list-style-type: none"> <li>I can summarise the changes that happen to boys' and girls' bodies that prepare them for making a baby when they are older.</li> <li>I can explain some of the choices I might make in the future and some of the choices that I have no control over. I can offer some suggestions about how I might manage my feelings when changes happen.</li> </ul>	<p>Topic Name: Changing Me</p> <ul style="list-style-type: none"> <li>I can explain how boys and girls change during puberty and why looking after myself physically and emotionally is important. I can also summarise the process of conception.</li> <li>I can express how I feel about the changes that will happen to me during puberty. I accept these changes might happen at different times to my friends.</li> </ul>	<p>Topic Name: Changing Me</p> <ul style="list-style-type: none"> <li>I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born.</li> <li>I recognise how I feel when I reflect on becoming a teenager and how I feel about the development and birth of a baby.</li> </ul>

Belonging, Courage, Curiosity, Kindness, Perseverance, Respect

Growing Minds, Kind Hearts, Rooted in Love

'Rooted and Grounded in Love' (Ephesians 3:16)