



PE LONG TERM PLAN



| | TERM | EYFS | KS1 | LKS2 | UKS2 |
|--------|--------|-----------------------------|--|---|---|
| YEAR A | Autumn | Fundamentals Ball Skills | Dance Target Games Gymnastics | Dance Invasion Games (Matball) Gymnastics | Swimming Invasion Games (Tag Rugby) Gymnastics |
| | Spring | Dance Gymnastics | Dance Invasion Games (Matball links) Gymnastics | Swimming Basketball Dance | Dance Basketball Gymnastics |
| | Summer | Games (Units 1 and 2) | Rounders Athletics Net and Wall Games (Tennis links) | Athletics Tennis Kwik Cricket | Athletics Tennis/Badminton Kwik Cricket |
| YEAR B | Autumn | Fundamentals Ball Skills | Dance Ball Skills Gymnastics | Dance Gymnastics Unihoc | Swimming Dance Tchoukball |
| | Spring | Dance Gymnastics | Dance Invasion Games (Skittleball links) Gymnastics | Swimming Netball Gymnastics | Dance Netball Gymnastics |
| | Summer | Games (Units 1 and 2) | Athletics Net and Wall Games Sending and Receiving Outdoor Adventurous Activities (OAA) | Rounders Athletics Football Outdoor Adventurous Activities (OAA) | Rounders Athletics Football Outdoor Adventurous Activities (OAA) |

Belonging, Courage, Curiosity, Kindness, Perseverance, Respect

Growing Minds, Kind Hearts, Rooted in Love

'Rooted and Grounded in Love' (Ephesians 3:16)