



# END OF UNIT OUTCOMES IN PE – YEAR B

	TERM	EYFS	YEAR 1	YEAR 2
YEAR B	Autumn	<p><b>Topic Name: Fundamentals (Unit 1) - Developing Gross Motor Skills</b></p> <ul style="list-style-type: none"> <li>I can find space safely with consideration for myself and others.</li> <li>I follow instructions involving ideas or actions.</li> <li>I can play cooperatively, take turns and encourage others.</li> <li>I can play games honestly.</li> <li>I can use movement skills with developing balance and coordination when playing games, moving my body in different ways.</li> </ul> <p><b>Topic Name: Ball Skills (Unit 1)</b></p> <ul style="list-style-type: none"> <li>I can make some independent choices.</li> <li>I can negotiate space safely.</li> <li>I can play ball games with consideration of the rules.</li> <li>I can play cooperatively and take turns with others.</li> <li>I can use ball skills with developing competence and accuracy.</li> </ul>	<p><b>Topic Name: Dance (The Secret Garden and Pirates)</b></p> <ul style="list-style-type: none"> <li>I can use different parts of the body in isolation and together, safely.</li> <li>I can choose appropriate movements for different dance ideas (dynamics).</li> <li>I can work with others to share ideas and select actions, beginning to use some mirroring or unison in our actions.</li> <li>I can say what I liked about someone else's performance.</li> </ul> <p><b>Topic Name: Ball Skills</b></p> <ul style="list-style-type: none"> <li>I can track a ball that is coming towards me, and am beginning to catch with two hands.</li> <li>I am beginning to dribble a ball with my hands and feet.</li> <li>I can roll and throw with some accuracy towards a target.</li> <li>I can work cooperatively with a partner.</li> </ul> <p><b>Topic Name: Gymnastics (Movement, Shapes and Balances)</b></p> <ul style="list-style-type: none"> <li>I can make my body tense, relaxed, stretched and curled (different shapes and balances).</li> <li>I can remember and repeat actions and shapes.</li> <li>I can link simple actions together to create a sequence.</li> <li>I can use apparatus safely and wait for my turn.</li> </ul>	<p><b>Topic Name: Dance (The Secret Garden and Pirates)</b></p> <ul style="list-style-type: none"> <li>I can describe how my body feels during exercise.</li> <li>I can show a character and/or idea through the actions and dynamics I choose.</li> <li>I can work effectively with others to share ideas and select appropriate actions, using mirroring and unison in our actions.</li> <li>I am beginning to provide feedback using keywords.</li> </ul> <p><b>Topic Name: Ball Skills</b></p> <ul style="list-style-type: none"> <li>I can send and receive a ball using both kicking and throwing &amp; catching skills, tracking a ball carefully.</li> <li>I can dribble a ball with both my hands and feet with some control.</li> <li>I can roll and throw a ball to hit a target accurately.</li> <li>I can work cooperatively with a partner and a small group.</li> </ul> <p><b>Topic Name: Gymnastics (Movement, Shapes and Balances)</b></p> <ul style="list-style-type: none"> <li>I can perform the basic gymnastics actions with some control and balance.</li> <li>I can use shapes when performing other skills.</li> <li>I can plan and repeat simple sequences of actions.</li> <li>I can work safely with others and apparatus.</li> </ul>
	Spring	<p><b>Topic Name: Dance</b></p> <p>Big Question: How can you move to music?</p> <ul style="list-style-type: none"> <li>I can combine movements fluently.</li> <li>I can try new challenges and perform in front of others</li> <li>I can negotiate space safely with consideration for myself and others.</li> <li>I can follow instructions involving multiple ideas or actions.</li> <li>I can use movement skills with developing strength, balance and coordination, with increasing control and grace.</li> </ul> <p><b>Topic Name: Gymnastics</b></p> <p>Big Question: Can you create a shape with your body?</p>	<p><b>Topic Name: Dance (Weather and Jack Frost)</b></p> <ul style="list-style-type: none"> <li>I am beginning to use counts.</li> <li>I can copy, remember and repeat actions.</li> <li>I can choose appropriate movements for different dance ideas.</li> <li>I can use different parts of the body in isolation and together.</li> </ul> <p><b>Topic Name: Invasion Games (Skittleball links)</b></p> <ul style="list-style-type: none"> <li>I can use my previously learnt ball skills to pass and receive a ball.</li> <li>I understand when I am an attacker and when I am a defender.</li> </ul>	<p><b>Topic Name: Dance (Weather and Jack Frost)</b></p> <ul style="list-style-type: none"> <li>I can use counts to stay in time with the music.</li> <li>I can copy, remember, repeat and create dance phrases.</li> <li>I can express a character and/or an idea through the actions and dynamics I choose.</li> <li>I show confidence to perform.</li> </ul> <p><b>Topic Name: Invasion Games (Skittleball links)</b></p> <ul style="list-style-type: none"> <li>I can use my previously learnt ball skills to pass and receive a ball with some accuracy.</li> <li>I can move with a ball towards a goal.</li> <li>I can dodge and find space away from the other team.</li> <li>I can stay with another player to try and win the ball.</li> </ul>

		<ul style="list-style-type: none"> <li>● I can combine movements, selecting actions in response to the task and apparatus.</li> <li>● I can confidently and safely use a range of large and small apparatus.</li> <li>● I can use movement skills with developing strength, balance and coordination, showing increasing control and balance.</li> <li>● I can work cooperatively with others and take turns.</li> <li>● I can negotiate space safely.</li> </ul>	<ul style="list-style-type: none"> <li>● I can recognise space when playing games.</li> <li>● I can move to stay with another player when defending.</li> <li>● I can use simple rules to play fairly.</li> </ul> <p><b>Topic Name: Gymnastics (Jumps, Rolls and Performance)</b></p> <ul style="list-style-type: none"> <li>● I can recognise changes in my body when I do exercise.</li> <li>● I can link simple actions together to create a sequence.</li> <li>● I am confident to perform in front of others.</li> <li>● I can say what I liked about someone else's performance.</li> </ul>	<ul style="list-style-type: none"> <li>● I know who is on my team and I can attempt to send the ball to them.</li> </ul> <p><b>Topic Name: Gymnastics (Jumps, Rolls and Performance)</b></p> <ul style="list-style-type: none"> <li>● I can plan and repeat simple sequences of actions.</li> <li>● I can use directions and levels to make my work look interesting.</li> <li>● I am proud of my work and confident to perform in front of others.</li> <li>● I am beginning to provide feedback using keywords.</li> </ul>
Summer		<p><b>Topic Name: Games (Units 1 &amp; 2)</b></p> <ul style="list-style-type: none"> <li>● I can negotiate space safely with consideration for myself and others.</li> <li>● I can follow instructions involving several ideas or actions.</li> <li>● I can play cooperatively, take turns and encourage others.</li> <li>● I can play games honestly with consideration of the rules.</li> <li>● I show an understanding of my feelings and can regulate my behaviour.</li> <li>● I can use ball skills with developing competency and accuracy.</li> <li>● I can use movement skills with developing balance and coordination.</li> </ul>	<p><b>Topic Name: Athletics</b></p> <ul style="list-style-type: none"> <li>● I am able to throw towards a target, and am developing my overarm throw.</li> <li>● I am beginning to show balance and co-ordination when changing direction.</li> <li>● I can run at different speeds.</li> <li>● I understand the difference between a jump, a leap and a hop, and can choose which allows me to jump the furthest.</li> </ul> <p><b>Topic Name: Net and Wall Games (Badminton links)</b></p> <ul style="list-style-type: none"> <li>● I can use a ready position to move the ball.</li> <li>● I know how to score points.</li> <li>● I show honesty and fair play when playing against an opponent.</li> </ul> <p><b>Topic Name: Sending and Receiving</b></p> <ul style="list-style-type: none"> <li>● I am beginning to send and receive a ball with my feet.</li> <li>● I can track a ball that is coming towards me and catch it with some success.</li> <li>● I can roll a ball towards a target.</li> <li>● I can throw a ball to a partner, working cooperatively and beginning to use equipment.</li> </ul> <p><b>Topic Name: Team Building</b></p> <ul style="list-style-type: none"> <li>● I can communicate and follow simple instructions.</li> <li>● I can suggest ideas to solve tasks.</li> <li>● I can listen to other's ideas.</li> <li>● I can work with a partner and a small group.</li> </ul>	<p><b>Topic Name: Athletics</b></p> <ul style="list-style-type: none"> <li>● I can use an overarm throw to help me throw for distance.</li> <li>● I show balance and co-ordination when running at different speeds.</li> <li>● I can jump and land with control.</li> <li>● I can identify good technique.</li> </ul> <p><b>Topic Name: Net and Wall Games (Badminton links)</b></p> <ul style="list-style-type: none"> <li>● I can use simple tactics to make it difficult for an opponent.</li> <li>● I know how to score points and can remember the score.</li> <li>● I show good sportsmanship when playing against an opponent.</li> </ul> <p><b>Topic Name: Sending and Receiving</b></p> <ul style="list-style-type: none"> <li>● I can accurately throw and kick a ball to a partner.</li> <li>● I can track a ball and stop it with accuracy using my hands and feet.</li> <li>● I can roll a ball to hit a target.</li> <li>● I can catch a ball passed to me, with and without a bounce.</li> <li>● I can work safely to send a ball towards a partner, using a piece of equipment.</li> </ul> <p><b>Topic Name: Team Building</b></p> <ul style="list-style-type: none"> <li>● I can follow instructions carefully.</li> <li>● I can share my ideas and help to solve tasks.</li> <li>● I can work cooperatively with a partner and a small group.</li> <li>● I understand how to use, follow and create a simple diagram/map.</li> </ul>