



END OF UNIT OUTCOMES IN PE – YEAR A

	TERM	EYFS	YEAR 1	YEAR 2
YEAR A	Autumn	<p>Topic Name: Fundamentals (Unit 1) - Developing Gross Motor Skills</p> <ul style="list-style-type: none"> I can find space safely with consideration for myself and others. I follow instructions involving ideas or actions. I can play cooperatively, take turns and encourage others. I can play games honestly. I can use movement skills with developing balance and coordination when playing games, moving my body in different ways. <p>Topic Name: Ball Skills (Unit 1)</p> <ul style="list-style-type: none"> I can make some independent choices. I can negotiate space safely. I can play ball games with consideration of the rules. I can play cooperatively and take turns with others. I can use ball skills with developing competence and accuracy. 	<p>Topic Name: Dance (The Lost Toy and The Rainforest)</p> <ul style="list-style-type: none"> I am beginning to use counts. I can copy, remember and repeat actions. I can choose appropriate movements for different dance ideas. I can show some sense of dynamics and expressive qualities in my dance. <p>Topic Name: Target Games</p> <ul style="list-style-type: none"> I can roll a ball towards a target. I can use both an underarm and overarm throw, aiming towards a target. I can work cooperatively with a partner. I understand what good technique looks like. I am beginning to understand the principles of a target game. <p>Topic Name: Gymnastics (Movement, Shapes and Balances)</p> <ul style="list-style-type: none"> I can make my body tense, relaxed, stretched and curled (different shapes and balances). I can remember and repeat actions and shapes. I can link simple actions together to create a sequence. I can use apparatus safely and wait for my turn. 	<p>Topic Name: Dance (The Lost Toy and The Rainforest)</p> <ul style="list-style-type: none"> I can use counts to stay in time with the music. I can copy, remember, repeat and create dance phrases. I can show an idea through the actions and dynamics I choose. I show confidence to perform. <p>Topic Name: Target Games</p> <ul style="list-style-type: none"> I can throw, roll and/or strike a ball to a target with some success. I can select the appropriate skill for the situation. I can work cooperatively with a partner and a group. I understand what good technique looks like and can use keywords in the feedback I provide. I understand the principles of a target game and can use different scoring systems when playing a game. <p>Topic Name: Gymnastics (Movement, Shapes and Balances)</p> <ul style="list-style-type: none"> I can perform the basic gymnastics actions with some control and balance. I can use shapes when performing other skills. I can plan and repeat simple sequences of actions. I can work safely with others and apparatus.
	Spring	<p>Topic Name: Dance (Unit 1)</p> <ul style="list-style-type: none"> I can try new challenges and perform in front of others. I can combine movements fluently. I can negotiate space safely with consideration for myself and others. I can follow instructions involving multiple ideas or actions. I can use movement skills with developing strength, balance and coordination, with increasing control and grace. <p>Topic Name: Gymnastics (Unit 1)</p> <ul style="list-style-type: none"> I can combine movements, selecting actions in response to the task and apparatus. I can confidently and safely use a range of large and small apparatus. 	<p>Topic Name: Dance (The Circus and On Safari)</p> <ul style="list-style-type: none"> I can use different parts of the body in isolation and together, safely. I can choose appropriate movements for different dance ideas (dynamics). I can work with others to share ideas and select actions. I can say what I liked about someone else's performance. <p>Topic Name: Gymnastics (Jumps, Rolls and Performance)</p> <ul style="list-style-type: none"> I can recognise changes in my body when I do exercise. I can link simple actions together to create a sequence. I am confident to perform in front of others. I can say what I liked about someone else's performance. 	<p>Topic Name: Dance (The Circus and On Safari)</p> <ul style="list-style-type: none"> I can describe how my body feels during exercise. I can show a character and/or idea through the actions and dynamics I choose. I can work effectively with others to share ideas and select appropriate actions. I am beginning to provide feedback using keywords. <p>Topic Name: Gymnastics (Jumps, Rolls and Performance)</p> <ul style="list-style-type: none"> I can plan and repeat simple sequences of actions. I can use directions and levels to make my work look interesting.

		<ul style="list-style-type: none"> ● I can use movement skills with developing strength, balance and coordination, showing increasing control and balance. ● I can work cooperatively with others and take turns. ● I can negotiate space safely. 	<p>Topic Name: Invasion Games (Matball links)</p> <ul style="list-style-type: none"> ● I can use my previously learnt ball skills to pass and receive a ball. ● I understand when I am an attacker and when I am a defender. ● I can recognise space when playing games. ● I can move to stay with another player when defending. ● I can use simple rules to play fairly. 	<ul style="list-style-type: none"> ● I am proud of my work and confident to perform in front of others. ● I am beginning to provide feedback using keywords. <p>Topic Name: Invasion Games (Matball links)</p> <ul style="list-style-type: none"> ● I can use my previously learnt ball skills to pass and receive a ball with some accuracy. ● I can move with a ball towards a goal. ● I can dodge and find space away from the other team. ● I can stay with another player to try and win the ball. ● I know who is on my team and I can attempt to send the ball to them.
	<p style="text-align: center;">Summer</p>	<p>Topic Name: Games (Units 1 & 2)</p> <ul style="list-style-type: none"> ● I can negotiate space safely with consideration for myself and others. ● I can follow instructions involving several ideas or actions. ● I can play cooperatively, take turns and encourage others. ● I can play games honestly with consideration of the rules. ● I show an understanding of my feelings and can regulate my behaviour. ● I can use ball skills with developing competency and accuracy. ● I can use movement skills with developing balance and coordination. 	<p>Topic Name: Rounders</p> <ul style="list-style-type: none"> ● I can track a ball that is coming towards me and catch a medium-sized ball. ● I can throw a ball towards a target. ● I can hit a ball using my hand to begin with, and am beginning to hit a ball using a bat. ● I understand the rules of the game and how to score points, and am beginning to use these to play fairly and honestly. <p>Topic Name: Athletics</p> <ul style="list-style-type: none"> ● I am able to throw towards a target, and am developing my overarm throw. ● I am beginning to show balance and co-ordination when changing direction. ● I can run at different speeds. ● I understand the difference between a jump, a leap and a hop, and can choose which allows me to jump the furthest. <p>Topic Name: Net and Wall Games (Tennis links)</p> <ul style="list-style-type: none"> ● I can use a ready position to move the ball. ● I know how to score points. ● I show honesty and fair play when playing against an opponent. 	<p>Topic Name: Rounders</p> <ul style="list-style-type: none"> ● I can track a ball and collect. ● I am developing both underarm and overarm throwing skills. ● I can hit a ball using equipment with some consistency. ● I understand the rules of the game and can use simple tactics, and can use these to play fairly in a group. <p>Topic Name: Athletics</p> <ul style="list-style-type: none"> ● I can use an overarm throw to help me throw for distance. ● I show balance and co-ordination when running at different speeds. ● I can jump and land with control. ● I can identify good technique. <p>Topic Name: Net and Wall Games (Tennis links)</p> <ul style="list-style-type: none"> ● I can use simple tactics to make it difficult for an opponent. ● I know how to score points and can remember the score. ● I show good sportsmanship when playing against an opponent.